

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Marital status	
Married	78.5%
Single	12.3%
Divorced	8.7%
Widowed	1.5%
Education level	
High school or less	65.2%
College	34.8%
Occupation	
Professional	25.1%
Managerial	18.7%
Technical	15.3%
Service	22.4%
Unemployed	18.5%
Income (USD/month)	
< 1000	15.2%
1000-2000	32.1%
2000-3000	28.7%
> 3000	24.0%
Health insurance	
Yes	89.5%
No	10.5%
Smoking status	
Smoker	28.3%
Non-smoker	71.7%
Alcohol consumption	
Regular	12.1%
Occasional	18.5%
Never	69.4%
Comorbidities	
Hypertension	45.2%
Diabetes	32.1%
Cholesterol	28.7%
Heart disease	15.3%
Stroke	8.9%
Arthritis	22.4%
Depression	18.5%
Medication use	
Antidepressants	15.2%
Antipsychotics	12.1%
Mood stabilizers	8.7%
Other	64.0%